

# Chicken & Vegetable Pie

## NUTRITION INFORMATION

Servings per package: 1

Serving size: 190g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1382kJ (330Cal)	728kJ (174Cal)
Protein	15.6g	8.2g
Fat, Total	19.6g	10.3g
- Saturated	10.8g	5.7g
Carbohydrate	34.1g	18.0g
- Sugars	3.0g	1.6g
Sodium	706mg	372mg

Ingredients: Chicken (26%), water, wheat flour, shortening (vegetable oil, hydrogenated vegetable fat, water, salt, emulsifiers (322 soy, 471), preservative (202), acidity regulator (500), antioxidant (320), food acid (330)), frozen mixed vegetables (carrot, cauliflower, potato, beans, peas, corn), dried whole milk, onion, thickener (modified maize starch (1422)), seasoning (salt, sugar, vegetable powder, flavour enhancer (621), spices, flavour), chicken stock (\*).