

Steak & Onion Pie

NUTRITION INFORMATION

Servings per package: 28

Serving size: 200g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1484kJ (354Cal)	742kJ (177Cal)
Protein	15.3g	7.7g
Fat, Total	18.2g	9.1g
- Saturated	10.3g	5.2g
Carbohydrate	34.5g	17.3g
- Sugars	1.9g	0.9g
Sodium	764mg	382mg

Ingredients: Water, minced beef, wheat flour, onion, shortening (vegetable oil, hydrogenated vegetable fat, water, salt, emulsifiers (322 soy, 471), preservative (202), acidity regulator (500), antioxidant (320), food acid (330)), thickener (modified maize starch (1422)), seasoning (salt, sugar, vegetable powder, flavour enhancer (621), spices, flavour), pepper.