

Lamingtons

NUTRITION INFORMATION

Servings per package: 1

Serving size: 65g (approx.)

| | Average Quantity per Serving | Average Quantity per 100g |
|--------------|---------------------------------|------------------------------|
| Energy | 654kJ (156Cal) | 1007kJ (241Cal) |
| Protein | 2.7g | 4.1g |
| Fat, Total | 3.7g | 5.8g |
| - Saturated | 2.6g | 4.0g |
| Carbohydrate | 27.1g | 41.8g |
| - Sugars | 20.1g | 30.9g |
| Sodium | 78mg | 120mg |

Ingredients: Water, sponge mix (sugar, wheat flour, whipping agent (emulsifier 472b, 477), glucose, soy flour, mineral salt (339), mineral salts, (170, 450, 500, 541) wheat starch), chocolate (sugar, cocoa powder, gelatine, modified maize starch (1422), vegetable oil (antioxidant (320)), flavour), egg, dessicated coconut.